

# INTERNATIONAL STUDENT GUIDEBOOK



**CLERMONT  
AUVERGNE**  
**INP Isima**  
**UCA**

# CONTACTS

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**Here you will find practical information that will be very useful before and during your stay in France.**

Before leaving, don't forget to bring your:

- Valid passport
- Student visa
- Birth certificate with a certified translation
- Latest academic diploma (certificate) and corresponding transcripts, together with certified translations

# ENROLLMENT

**The registration at ISMA will allow you to be identified as an ISIMA student and get your student card. This card will allow you to:**

- Pay at the university restaurants and recharge money: [www.izly.fr](http://www.izly.fr)
- Borrow books and documents from the university libraries.
- Use the digital work environment
- Have discounts in a lot of places like restaurants and cinemas.
- Use Crous services

## **Enrollment for the Master's Degree at ISIMA:**

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## Student and Campus Life Contribution : CVEC

Les étudiants inscrits dans un établissement d'enseignement supérieur doivent s'acquitter de la CVEC.

Vous trouverez toutes les informations nécessaires sur le lien suivant :

<https://www.campusfrance.org/fr/les-10-choses-a-savoir-sur-la-contribution-vie-etudiante-et-de-campus-cvec-0>

Veuillez noter que même si vous êtes exemptés de CVEC, vous devez impérativement vous inscrire sur les deux sites suivant : [messervices.etudiant.gouv.fr](http://messervices.etudiant.gouv.fr) and [cvec.etudiant.gouv.fr](http://cvec.etudiant.gouv.fr)

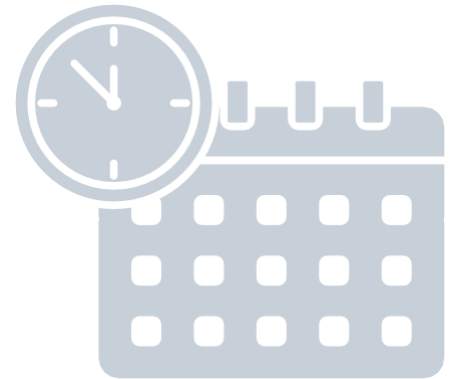
# ACADEMIC CALENDAR

## Classes start:

TBC

## Breaks:

TBC



## HOLIDAYS

- January 1
- May 1
- May 8
- July 14
- August 15
- November 1 & 11
- December 25
- Easter Monday, April 21
- Ascension Thursday, May 29
- The day after Pentecost, June 8



# VISA

Thanks to the website France Visas <https://france-visas.gouv.fr/> you will know whether you need to apply for a visa and the procedure required.

## EUROPEAN STUDENTS

If you are coming from Europe (European Union, Iceland, Norway, Liechtenstein, and Switzerland) you are exempt from visa and resident permit requirements.

Only a valid identity card or passport is required.

## NON EUROPEAN STUDENTS

If you are staying in France for the whole academic year, you must apply for a Long-Stay Visa

valid as a resident permit for student (**VLS-TS** "étudiant").

### **How to get a VLS-TS ?**

You must first enrol on the Etudes en France platform:

<https://pastel.diplomatie.gouv.fr/etudesenfrance/dyn/public/authentication/login.html>

### **How to validate your VLS-TS ?**

You must validate your visa within 3 months after you arrived in France.

This can be done online on the following website:

<https://administration-etrangers-en-france.interieur.gouv.fr>

You will need :

- a valid email address,
- information on your visa,
- your date of arrival in France,
- your home address in France,
- a bank card to pay online the fee for issuing the residence permit.

*Have copies of your visa in case of loss*

## ESPACE ACCUEIL ETUDIANTS

If you need help with your Visa, you can go to "Espace Accueil étudiants" where you will find a special desk for international students.



du 4 janvier au 2 juillet 2021  
le lundi, mardi et jeudi  
de 9 h à 17 h

30, rue Étienne-Dolet  
Clermont-Ferrand  
espace.accueil.etudiant@crous-clermont.fr  
crous-clermont.fr

# HEALTH CARE AND INSURANCE

## EUROPEAN STUDENTS

**Before you leave**, you should ask your national health organization for a European Health Insurance Card. With this card, you will be reimbursed for your health care costs, just like any French citizen. If you do not get the card please refer to the instructions on this [link](#):

## NON EUROPEAN STUDENTS

You must register into French social security System. It is free of charge, and it will allow you to be partially reimbursed for your medical expenses

### ***How to register?***

You must create an account on <https://etudiant-etranger.ameli.fr>

You will first get a temporary certification one you will have provided:

- Registration certificate for the academic year
- ID
- Student Visa (VLS-TS "étudiants")

Then, you will need to complete your registration and will need to provide:

- Your visa validated by the Ministry of interior.
- Your birth certificate with a certified translation
- Your banking information ("RIB", for Relevé d'Identité Bancaire)

Once everything is complete you will receive your "carte vitale" (Health insurance card)

To help you, Campus France has created a tutorial guide available [here](#)



# BANKS

If you intend to stay more than three months in France, then we recommend you to open a bank account in a French bank. Indeed, organisations such as CAF (housing aid) or the Social security will only reimburse you if you have a bank account. Moreover, a bank account will provide you with a chequebook and a debit card.

## You will need:

Valid ID (identity card or passport)

Valid resident permit or receipt of application (except for European students)

Proof of address (electricity bill, rent receipt, accommodation certificate...)



Before doing anything, check with your bank at home to find out if it has a partner bank in France which might make things easier.

If not, make sure to compare the different banks. Some offer special deals for students (discounts, loyalty packages...)

Once you have made your choice, contact the bank and deposit at least 15€ on your account. You will receive your chequebook and debit card a few days later.



| BANQUE                    | ADRESSE  | ARRET DE TRAM           |
|---------------------------|--|-------------------------|
| CREDIT AGRICOLE           | 10 BOULEVARD PASTEUR<br>63000 CLERMONT-FERRAND       | MAISON DE LA<br>CULTURE |
| CREDIT MUTUEL             | 2 BOULEVARD LOUIS LOUCHEUR<br>63000 CLERMONT FERRAND | LEON BLUM               |
| LE CREDIT LYONNAIS<br>LCL | 2 RUE BLATIN<br>63000 CLERMONT FERRAND               | JAUDE                   |
| BNP PARIBAS               | 11 PLACE DE JAUDE<br>63000 CLERMONT FERRAND          | JAUDE                   |



# ACCOMODATION

## CROUS UNIVERSITY DORMITORIES

If you are coming as part of an exchange program, you will be directly contacted by the CROUS if you choose to get help from ISIMA to book a room in university dormitories.

If you are coming without an exchange program, you can request to book a room, but places are limited, so this is not guaranteed.

To complete the reservation procedure, you will need to:

- Get an insurance - You must take out insurance for the duration of your apartment rental (fire, water damage, theft, etc.) We advise you ADH formula 2 or 3 available [here](#)
- Get a joint security guarantee - VISALE. To help you, Campus France has created a tutorial video available [here](#)
- Create a CAF file - The "Caisse d'Allocations Familiales"(C.A.F.) gives financial aid for housing. You can apply online on this website : <http://www.caf.fr>.
- Supply a certified copy of your birth certificate translated into French.



# CAMPUS

## CANTEENS

- **C-Resto U "Rest'Océzo:**  
cafeteria La Véranda
- **Le Saxo:**  
cafeteria located in the Maison de la Vie Etudiante.
- **Bar Nota Bene:**  
cocktails, beer, concert, table-football...



## IZLY

The payment of services within the restaurants and cafeterias of the Crous is done through IZLY. Your account can be consulted and reloaded on [www.izly.fr](http://www.izly.fr)

## INFIRMARY

Building "Maison de la Vie Etudiante" – ground floor

**Opening hours:** from Monday to Friday 8:00am – 5:00pm

## ACTIVITÉS PHYSIQUES ET SPORTIVES

### SUAPS

Service Universitaire des Activités Physiques et Sportives

[www.sport.uca.fr](http://www.sport.uca.fr)



# LIVING IN CLERMONT-FERRAND

## SUPERMARKETS NEAR THE CAMPUS

- **AUCHAN:**

Tram A stop: Léon Blum

- **LECLERC:**

Tram A stop: Fontaine du Bac

- **AUCHAN:**

BUS 13 stop : Roussillon



## SUPERMARKETS NEAR THE CITY CENTER

- **AUCHAN:**

Tram A stop: Universités

- **CARREFOUR MARKET:**

Tram A stop: JAUDE



## SHOPPING CENTERS

- **CARRE JAUDE 1 & 2:**

place de Jaude

Tram stop: Lagarlaye / Jaude

- **ZONE COMMERCIALE LA PARDIEU**

(Decathlon – Sport 2000 – Darty)



# PUBLIC TRANSPORTS

The public transportation network in Clermont-Ferrand is called **T2C**.

You will find more information on the following website : <https://www.t2c.fr/>

## ◆ ESPACE T2C

🔊 [Écoutez](#)

L'équipe de l'Espace T2C vous renseigne sur les horaires, itinéraires, tarifs, réglementation... du réseau.

Elle vous conseille et vous délivre le titre de transport le mieux adapté à votre profil.

A l'Espace T2C, vous pouvez ainsi :

- établir votre abonnement
- acheter l'ensemble des titres de transport valables sur le réseau T2C (à l'exception des tickets unité, tickets parc-relais, tickets congrès et des abonnements Tandem).

**L'Espace T2C est situé :**  
24, bd Charles de Gaulle  
63000 Clermont-Ferrand

Il est ouvert :

- du lundi au vendredi de 8h30 à 18h
- le samedi, de 8h30 à 12h15 et de 14h à 17h.

L'Espace T2C est fermé le dimanche, les jours fériés.



[www.c-velo.fr](http://www.c-velo.fr)

**C.vélo is the bike rental service of Clermont-Ferrand. It offers two types of rental:**

- the self-service bikes (VLS) available 7 days a week, 24 hours a day, 365 days a year,
- long-term rental bicycles

# TRAVELLING

## BY PLANE

- [www.skyscanner.fr](http://www.skyscanner.fr)
- [www.liligo.fr](http://www.liligo.fr)
- [www.clermont-aeroport.com](http://www.clermont-aeroport.com)



## BY TRAIN

To travel to other cities and provinces in France, all destinations and prices are available on the SNCF website:

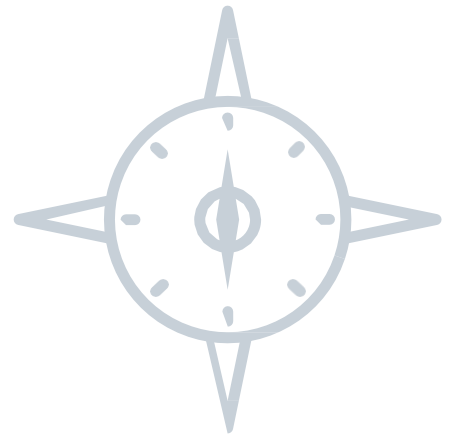
- [www.oui.sncf.com](http://www.oui.sncf.com)

To discover Europe towards the east (Brussels, Amsterdam) visit Thaly's website:

- [www.thalys.com](http://www.thalys.com)

For London, check the Eurostar website:

- [www.eurostar.com](http://www.eurostar.com)



## BY BUS

- [www.flixbus.fr](http://www.flixbus.fr)
- [www.eurolines.fr](http://www.eurolines.fr)

Gare routière : Arrêt de tram Maison de la Culture

## CARPOOLING

- [www.blablacar.fr](http://www.blablacar.fr)



# IN CASE OF PROBLEMS

## EMERGENCY TELEPHONE NUMBERS

- Fire department (fires, accidents and medical emergencies): **18**
- SAMU - Ambulance, emergency medical services: **15**
- SOS Médecin (medical advice): **36 24**
- Police: **17**
- Homeless services: **115**
- From cellular phones, one number for both: **112**



## LOSS OR THEFT OF IMPORTANT DOCUMENTS

- The loss or theft of important documents should be reported to the nearest police station. Retain the record of the report in order to obtain replacements from the prefecture and to prove your identity in the meantime. Report a lost passport to your country's embassy and obtain a replacement. Once you receive your new passport, take it and the report you made of the lost one to the prefecture to obtain a new residency permit (if this, too, was lost). Be sure to keep photocopies of all official documents.
- Report the loss of your checkbook or bankcard to your bank immediately in order to prevent their use by others. Most banks offer insurance against loss or theft that covers the stop-payment and cancellation fee as well as the cost of replacement checks and cards
- Check with local consulate or embassy for replacement

## MEDICAL EXAMINATION

SSU Service de Santé Universitaire  
25, rue Etienne Dolet  
63037 Clermont-Ferrand  
+33 4 73 34 97 20  
[www.sante.clermont-universite.fr](http://www.sante.clermont-universite.fr)



Tramstop : St-Jacques Dolet

The "Service de Santé Universitaire" (SSU) offers free consultations in the following fields: general medicine, gynaecology, infirmary facilities, vaccination services, free tests for HIV and hepatitis C, psychological help, psychotherapy ...